

Pre-game ceremony procedure

Referees and teams should be prepared to start the match at the conclusion of the ceremony. Referee should carry the game ball.

Teams walk from the centerline near their bench single file (captains last) toward center circle to the center of the field, turn ninety degrees (toward a goal) until they form a line parallel to the sidelines and facing the fans side of the field. Teams walk side by side with opposing team and behind the referee team.

One team will be in line at one side of the field in front of their bench area, the other in line at the other side in front of their bench area, and facing spectators.

The referee will conduct the coin toss with the captains.

The assistant referees will perform a ceremonial equipment check, and return to the center of the field.

The players will then shake hands similar to post game sportsmanship practices and proceed to their positions on the field or on the bench.

Then game on.

